

Our Services

- Adult & Pediatric Primary Care
- Family Dental
- School-Based Health
- COVID Testing & Vaccinations
- WIC
- Insurance Enrollment
- Enabling Services & Transportation



Providing 24/7 services for our patients

OUR MISSION

To improve the health, wellness, and quality of life of all individuals in our community by providing accessible, high quality, affordable, patient-centered, and integrated health services.

OUR VISION

A community in which every individual achieves a healthy and wholesome life.



OFFICE LOCATIONS

WATERTOWN MAIN CAMPUS

238 Arsenal Street
Watertown, NY 13601

(315) 782-9450
WIC - (315) 782-9222

JEFFERSON COMMUNITY COLLEGE

1220 Coffeen Street,
Building 17
Watertown, NY 13601

(315) 786-1042

LERAY

26908
Independence Way
Evans Mills, NY 13637

Dental - (315) 782-2628
WIC - (315) 782-9222

LOWVILLE

7785 N. State Street
Lowville, NY 13367

Dental - (315) 376-4500
WIC - (315) 376-6427

Adult & Pediatric Primary Care

- Diagnosis & treatment of urgent & chronic conditions
- Adult screenings ~ cancer, cholesterol, & infectious diseases
- Pediatric screenings ~ vision, hearing, dental, lead, nutrition, & infectious disease
- Newborn & well-baby care
- Annual physical exams
- Annual Medicare wellness visit
- Sports & camp physicals
- Behavioral health
- Nutrition & weight counseling
- Individual & family behavioral health counseling
- Same-day sick appointments
- Immunizations & allergy shots
- Laboratory services (*blood draws onsite*)
- EKGs
- Diabetic vision screening
- Substance use screenings & treatment
- Voluntary family planning (*counseling on reproductive options*)
- Gynecological care
- COVID-19 testing & vaccination
- Health education
- Appointments offered in-person and via telemedicine



Enabling Services

- Assistance with unmet needs
- Assistance with transportation
- Assistance to those who are homeless or housing insecure
- Support in navigating the healthcare system

Insurance Enrollment

- Assistance with the New York State Marketplace, Medicaid, & Child Health Plus applications and renewals
- Guidance with insurance issues and questions
- Assistance with our sliding fee application

Family Dental

- Cleanings & sealants
- Fillings & extractions
- Dentures & partials

WIC (*Women, Infants, & Children*)

- Food & nutrition education
- Breastfeeding support

School-Based Health

- Diagnosis & treatment of urgent & chronic conditions
- Annual physical exams
- Sports & camp physicals
- Immunizations & allergy shots
- Pediatric screenings ~ vision, hearing, dental, lead, nutrition, & infectious disease
- Nutrition & weight counseling
- Health education
- Individual & family behavioral health counseling
- Dental cleanings and sealants
- Appointments offered in-person and via telemedicine

We love what we do and take pride in serving our community.

Call Today!
(315) 782-9450